Appendix E
Participant
Direction of
Services

Appendix F

Request for an Amendment to a §1915(c) Home and Community-Based Services Waiver

				Waiver					
. Red	quest Informa	tion							
	The State of Conneservices waiver app		•			~	d home an	d communi	ty-based
	Program Title: Personal Care Ass	istanca Waivar							N
	Waiver Number: C		,						
	Original Base Wai	ver Number: CT	.0301.						
	Amendment Numl		•						
	Proposed Effective	Date: (mm/dd/yy)	<u> </u>			1. 1. 1			1
	10/01/19							•	
	Approved Effectiv	e Date of Waiver	being Amende	ed: 10/01/19	. '	•	•		
Pm	rpose(s) of Am	endment			÷				
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urpos	se(s) of the Amenda	ment. Describe the	e purpose(s) of t	the amendm	ent:	=			* *
	6.11	1177	211 135 1			-		(DED (1)	
urpos ervice	e of this amendmen	t is to add Home I	Delivered Meals	s and Person	al Emergenc	y Response	Systems	(PERS)as v	vaiver
OI VICC									
. Na	ture of the Am	endment		* *	•				
	Component(s) of the concurrently (check	e approved waiver	Revisions to the	-					-
	Approved Waiver			•		······································			
	☐ Waiver Application						74		
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	└─ Appendix A Waiver	·	<u> </u>			··· ·	•		7
٠.	Administration	<u> </u>		•					
-	and Operation	The second second							
	Appendix B	· .	•						_ :
	Participant Access and						· 		
	Eligibility							•	
	Appendix C	·						•	
	Participant				C-1	* *		•	
	Services			•					
	Appendix D					•			
	Participant Centered								
	Service	· ·							
	Planning and				•				

Component of the Approved Waiver	Subsection(s)
Appendix G Participant Safeguards	
Appendix H	
Appendix I Financial Accountability	
Appendix J Cost-Neutrality Demonstration	
3. Nature of the Amendment. Indicate the nature of the change	ges to the waiver that are proposed in the amendment (check
each that applies):	
☐ Modify target group(s)	
☐ Modify Medicaid eligibility	
Add/delete services	
Revise service specifications	
Revise provider qualifications	
Increase/decrease number of participants	
Revise cost neutrality demonstration	
☐ Add participant-direction of services	
Other Specify:	
Application for a §1915(c) Home and	Community-Based Services Waiver
equest Information (1 of 3)	
A. The State of Connecticut requests approval for a Medicaid the authority of §1915(c) of the Social Security Act (the Act B. Program Title (optional - this title will be used to locate the	et).
Personal Care Assistance Waiver	
C. Type of Request: amendment	
	five year approval periods, the waiver must serve individuals
Requested Approval Period: (For new waivers requesting	five year approval periods, the waiver must serve individuals
Requested Approval Period: (For new waivers requesting who are dually eligible for Medicaid and Medicare.) O 3 years O 5 years Original Base Waiver Number: CT.0301 Draft ID: CT.017.05.01 D. Type of Waiver (select only one):	five year approval periods, the waiver must serve individuals
Requested Approval Period: (For new waivers requesting who are dually eligible for Medicaid and Medicare.) O 3 years Original Base Waiver Number: CT.0301 Draft ID: CT.017.05.01	

1. Request Information (2 of 3)

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	_	ct applicable level of care		•			
		Hospital as defined in 42 CFR If applicable, specify whether th care:	•	y limits the waiv	er to subcate	egories of the l	nospital level
		The state of the s	e e		•		-
	0	Inpatient psychiatric facility fo	or individuals age	21 and under a	as provided	in42 CFR §44	10.160
X	Nur	sing Facility ct applicable level of care					
		Nursing Facility as defined in	42 CFR ??440.40	and 42 CFR ??	440.155	:	
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determined eligible to receive waiver services of their due process rights and gives them the choice of institutional or home and community-based services.

The Department's Community Options Unit will administer the waiver, accept applications, perform the initial level of care determination and refer the client to a contracted case management provider for the initial evaluation, confirmation of the level of care and development of the service plan. DSS is responsible for determining both financial and functional eligibility for the waiver. The case management providers are required to do annual face-to-face evaluations.

DSS contracts with the fiscal agent to credential providers. Self-directed PCA is available in the state under the state plan 1915(k) option. Quarterly reports, at a minimum, are submitted to the Department to facilitate State oversight of the waiver program. In addition, routine quality assurance activities through staff meetings, training, case conferences, consumer record maintenance, and staff supervision are components of the Department's oversight of the PCA waiver program.

3. Components of the Waiver Request

The waiver application consists of the following components. Note: Item 3-E must be completed.

- A. Waiver Administration and Operation. Appendix A specifies the administrative and operational structure of this waiver.
- B. Participant Access and Eligibility. Appendix B specifies the target group(s) of individuals who are served in this waiver, the number of participants that the state expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.
- C. Participant Services. Appendix C specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- **D. Participant-Centered Service Planning and Delivery. Appendix D** specifies the procedures and methods that the state uses to develop, implement and monitor the participant-centered service plan (of care).
- **E. Participant-Direction of Services.** When the state provides for participant direction of services, **Appendix E** specifies the participant direction opportunities that are offered in the waiver and the supports that are available to participants who direct their services. (*Select one*):
 - O Yes. This waiver provides participant direction opportunities. Appendix E is required.
 - No. This waiver does not provide participant direction opportunities. Appendix E is not required.
- **F. Participant Rights. Appendix F** specifies how the state informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.
- **G.** Participant Safeguards. Appendix G describes the safeguards that the state has established to assure the health and welfare of waiver participants in specified areas.
- H. Quality Improvement Strategy. Appendix H contains the Quality Improvement Strategy for this waiver.
- I. Financial Accountability. Appendix I describes the methods by which the state makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.
- J. Cost-Neutrality Demonstration. Appendix J contains the state's demonstration that the waiver is cost-neutral.

4. Waiver(s) Requested

- A. Comparability. The state requests a waiver of the requirements contained in §1902(a)(10)(B) of the Act in order to provide the services specified in Appendix C that are not otherwise available under the approved Medicaid state plan to individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in Appendix B.
- **B.** Income and Resources for the Medically Needy. Indicate whether the state requests a waiver of §1902(a)(10)(C)(i)(III) of the Act in order to use institutional income and resource rules for the medically needy (select one):
 - O Not Applicable
 - ONO
 - \circ_{Yes}
- C. Statewideness. Indicate whether the state requests a waiver of the statewideness requirements in §1902(a)(1) of the Act (select one):
 - No
 - O Yes

If yes, specify the waiver of statewideness that is requested (check each that applies):

Geographic Limitation. A waiver of statewideness is requested in order to furnish services under this waiver only to individuals who reside in the following geographic areas or political subdivisions of the state.

Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by

Page 6 of 12

5. Assurances

In accordance with 42 CFR §441.302, the state provides the following assurances to CMS:

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- A. Health & Welfare: The state assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:
 - 1. As specified in Appendix C, adequate standards for all types of providers that provide services under this waiver;
 - 2. Assurance that the standards of any state licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The state assures that these requirements are met on the date that the services are furnished; and,
 - 3. Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services are provided comply with the applicable state standards for board and care facilities as specified in **Appendix C**.
- **B. Financial Accountability.** The state assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.
- C. Evaluation of Need: The state assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in Appendix B.
- **D.** Choice of Alternatives: The state assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:
 - 1. Informed of any feasible alternatives under the waiver; and,
 - 2. Given the choice of either institutional or home and community-based waiver services. Appendix B specifies the procedures that the state employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.
- E. Average Per Capita Expenditures: The state assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid state plan for the level(s) of care specified for this waiver had the waiver not been granted. Costneutrality is demonstrated in Appendix J.
- F. Actual Total Expenditures: The state assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver

waiver by the state's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.

- **G.** Institutionalization Absent Waiver: The state assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.
- **H. Reporting:** The state assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid state plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- **I. Habilitation Services.** The state assures that prevocational, educational, or supported employment services; or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.
- J. Services for Individuals with Chronic Mental Illness. The state assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.140; or (3) age 21 and under and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

6. Additional Requirements

Note: Item 6-I must be completed.

- A. Service Plan. In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in Appendix D. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including state plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B. Inpatients.** In accordance with 42 CFR §441.301(b)(1)(ii), waiver services are not furnished to individuals who are inpatients of a hospital, nursing facility or ICF/IID.
- C. Room and Board. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the state that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.
- **D.** Access to Services. The state does not limit or restrict participant access to waiver services except as provided in **Appendix C**.
- **E. Free Choice of Provider.** In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the state has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- **F. FFP Limitation.** In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.
- G. Fair Hearing: The state provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals:

care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the state's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.

- H. Quality Improvement. The state operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the state assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The state further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the state will implement the Quality Improvement Strategy specified in Appendix H.
- I. Public Input. Describe how the state secures public input into the development of the waiver:

A notice of intent to renew the waiver was published in the CT Law Journal on 4/30/19 and posted on the DSS web site on 4/18/19.

Notice for this renewal was printed in the CT Law Journal on April 30,2019 and was posted on the Department's web site on April 18, 2019 at the following link:

https://portal.ct.gov/DSS/Health-And-Home-Care/Long-Term-Care/Community-Options/Renew

The CT tribes were notified via email on April 18, 2019.

The waiver was also presented to our legislative committees of cognizance for approval prior to submission. This is a public hearing in which the public has opportunity to comment.

For this amendment notice was published in the CT Law Journal on December 31,2019. In addition to the CT law Journal posting, the Department posted the renewal notice on its web site on January 02, 2020 under Partners and vendors and can be seen at the following link:

https://portal.ct.gov/DSS/Health-And-Home-Care/Medicaid-Waiver-Applications/Medicaid-Waiver-Applications

No comments were received from the postings.

The Ct tribes were notified via email on December 20,2019. They did not have any comments

- J. Notice to Tribal Governments. The state assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The state assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 August 8, 2003). Appendix B describes how the state assures meaningful access to waiver services by Limited English Proficient persons.

7. Contact Person(s)

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Title:					
		Director, Community Options Unit			. "
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Support Broker will be elimin	nated as a waiver service sin	nce it is available w	vithout limits under	the state plan 1915	(k) benefit
based on an assessment of ne mmdl.cms.gov/WMS/faces/p	ed. This will not result in a	a decrease in partici	pant's benefits.https	s://wms-	57.10
mindicino.gov/ www.haces/p	rotected/35/autiloffzation.js	sp# This service wa	as utilized by / part	icipants during SF	Y 18.
The state assures that this wa	iver amendment or renewal	will be subject to a	any provisions or re	quirements include	ed in the state's
most recent and/or approved	home and community-base	d settings Statewide	e Transition Plan. T	he state will imple	ment anv
required changes by the end of Plan.	of the transition period as of	utlined in the home	and community-ba	sed settings Statew	'ide Transition
A luci.			1		
Attachment #2: Home and C	Community-Based Setting	s Waiver Transiti	on Plan		14
Specify the state's process to b	oring this waiver into comp	liance with federal	home and commun	ity-based (HCB) se	ettings
requirements at 42 CFR 441.3	601(c)(4)- (5) , and associated	d CMS guidance.			
Consult with CMS for instruct	ions before completing this	s item. This field de.	scribes the status of	°a transition proce	ss at the point in
time of submission. Relevant i milestones.	nformation in the planning	phase will differ fr	om information req	uired to describe a	ttainment of
To the extent that the state has	s submitted a statewide HC	B settings transitio	n plan to CMS the	description in this	field may
reference that statewide plan.	The narrative in this field i	must include enoug	h information to de	nonstrate that this	waiver
complies with federal HCB se	ttings requirements, includ	ing the compliance	and transition requ	rirements at 42 CF	R 441.301(c)(6)
and that this submission is con	nsistent with the portions of	f the statewide HCE	3 settings transition	plan that are germ	ane to this
waiver. Quote or summarize g	germane portions of the stat	tewide HCB setting	s transition plan as	required.	
Note that Appendix C-5 HCB	<u>Settings</u> describes settings	that do not require	transition; the setti	ngs listed there me	et federal HCB
setting requirements as of the	aate of submission. Do not	duplicate that info	rmation here.		
Update this field and Appendi	x C-3 when submitting a re	newai or amendme	nt to this waiver for	other purposes. It	is not
necessary for the state to ame HCB settings transition proce	ss for this waiver solely for the	purpose of upaatin	ig this field and App	venaix C-5. At the e	end of the state's
"Completed" in this field, and	include in Section C-5 the	information on all	er jeuerui MCB sett. HCB settings in the	ng requirements, e waiver.	nier

The state assures that this waiver renewal will be subject to any provisions or requirements included in the state's most recent and/or approved home and community-based settings Statewide Transition Plan. The state will implement any required changes

Additional Needed Information (Optional)

Provide additional needed information for the waiver (optional):

PCA Waiver does not coordinate living settings through vendors. Participants live in private residences or with family members. The addition of Adult Family Living as a service necessitated coordination with provider networks to ensure this autonomous approach remains the manner in which services are implemented. Participants reside in private homes and may interact and conduct their daily routine as they see fit. The setting is chosen by the waiver participant as part of the person-centered planning process. The participant has free choice of qualified providers for any other services provided in addition to the Adult Family Living Provider. More than 99% of the persons who utilize Adult Family Living as a service, have a family member as the direct caregiver. The state's model is that this is a provider-managed service in which a provider agency oversees, trains and supervises the direct caregiver.

Adult Family Living facilitates community integration for the participant and supports full access to the greater community. The setting is selected by the individual from among settings options. Adult Family Living ensures individuals' rights of privacy, dignity, respect and freedom from coercion, optimizes autonomy and independence and facilitates choice regarding additional services. At each reassessment visit the care manager will assess the characteristics of the setting to ensure ongoing compliance with the final rules.

Adult Day Health is being added as a service to this waiver primarily because some waiver participants have been inquiring about the availability of the service as they would like to participate. This setting has been thoroughly evaluated by department clinical staff and the department has concluded that Adult Day Health is compliant with the settings requirements. This will be monitored by the care managers at annual reassessments. Settings questions have been included in the universal assessment instrument and are reviewed annually, at a minimum, with all waiver participants.

Although DSS has concluded that these service are compliant with the HCB settings requirements, DSS added language to its program regulations to specifically reflect the HCB settings requirements.

*Completed W-1LTC - every question needs to be answered

- If a question is not answered the application will not be processed until Community Options receives an answer to the question.
- If Community Options staff cannot contact the consumer or representative to obtain an answer, a memo will be sent to the access agency in Ascend.
- If the account number for an asset is not filled in on the application, the application can be processed. However, Community Options will request that the access agency follow up to retrieve the missing account numbers.

*REQUIRED VERIFICATIONS

INCOME

- If the gross income reported on the W-1LTC is less than \$1900.00, no verification is required.
- If the gross income reported is greater than \$1900.00, verification must be provided.
- No verification of Social Security is needed as Community Options has access to that information.
- If a consumer states they receive VA Aid & Attendance, verification of the breakdown of their VA benefit is required.

ASSETS – No verification of assets is required with the exception of the following;

- A full contract for all Annuities
- Documentation of all transfers of assets
- A copy of all Long Term Care insurance policies
- Documentation of all non-home property

MEDICAL EXPENSES – We need verification of all expenses used as PLA deductions

- We can allow deductions for any paid expenses that are incurred beginning with the month that we received the consumers referral
- We can allow deductions for unpaid expenses from any time as long as the consumer is liable for the expenses.
- In every case, divide the amount of the expense by 12 and allow the amount for 12 months.